

ALLISON SPARGO



Executive Coach | Career Coach | Team Coach | Facilitator



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"I am driven by a passion to support people and organisations to fulfil their maximum potential. Through creating time to think, increased self-awareness and a willingness to reflect on the impact we have on those around us, we stand a better chance of being the best, most resilient, agile and successful version of ourselves."

BACKGROUND

International award winning Executive Coach, Alli Spargo helps individuals & teams to get to know themselves and each other better and supports them to play at the top of their game. Her breadth of business experience, together with her whole system approach to coaching and facilitation, enable her to enhance leadership capability and personal impact, whilst understanding the demands of the commercial and organizational environment. Her commitment to her own continual personal development and investment in top-level supervision supports Alli to continually grow and remain at the top of her game. Her clients describe her coaching style as empathetic, intuitive, direct and often challenging; She "gets under your hood", focuses on desired objectives & delivers results.

EXPERTISE

Executive Coaching

Career Coaching

Systemic Team Coaching

Behavioural Performance Coaching

Developing Emotional Intelligence

Leadership Development

Enhancing clarity, creativity and decision making

Developing communication skills - building confidence, personal presence and impact

Strategic Career Development

Stakeholder engagement

Mentor Coaching

ACCREDITATION, QUALIFICATION, AND MEMBERSHIP

- Executive Coach of the Year 2017 – International Coaching Awards (Coaching Academy)
- Diploma in Professional Personal Performance Coaching with Distinction (Coaching Academy)
- European Mentoring & Coaching Council (EMCC) accredited Coach at Practitioner level
- Professional Certified Coach (PCC) Member of International Coaching Federation (ICF)
- Master Practitioner Certificate in Neuro Linguistic Programming (NLP)
- Professional Member of Association for NLP
- Coaching For Leaders – (Nancy Kline's) Thinking Environment® Facilitator Programme
- Complete Skilled Negotiator – (Gap Partnership)
- Qualified practitioner in Systemic Coaching and Facilitation (Coaching Constellations)
- Heartmath® Accredited Coach (HeartMath UK)
- ICF approved Global Team Coaching Institute Certified Practitioner in Team Coaching
- The British Psychological Society approved Neuroscience Professional programme
- Certified accreditation in Facet5 Personality Profiling

EXPERIENCE

- Founder and Principal Consultant at Allison Spargo Ltd. (www.allisonspargo.com)
- Podcast host – ([Alli Spargo Explores Human Behaviours at Work](#))

TESTIMONIALS

"I would highly recommend Alli as a first class executive coach, facilitator and mentor. I have worked with Alli for the last three years and have found her insight and advice invaluable as I have stepped up into an executive role. She has an excellent personal style; open and friendly, constructively challenges and great insight and understanding. She has a huge wealth of experience and ideas that she brings to the sessions and I always leave with greater focus and a clear plan." – **Chief Information Officer**

"Allison is an inspiring business woman and coach. Her unlimited energy is infectious and her ability to quickly pin point important issues to be addressed is impressive. She approaches every situation with the utmost professionalism and in my experience always delivers." – **Ops Director**